



Sunjay Nath travels globally sharing insights on leadership and performance. He is best known for his trademark, “The 10-80-10 Principle” which is a framework that helps individuals and teams improve performance. This methodology combines best practices with small wins to help people empower themselves.

Sunjay was a founding Vice President of an e-learning company based in Toronto that has gone on to become a multimillion-dollar company. Prior to that position he worked as an engineer for a distribution company in New York. He served as a camp director for several years with a camp that focuses on developing leadership skills in students. He has also held positions with H&R Block and Bank of Montreal.

He started an international speaking business when he was 19; he wasn’t even old enough to rent a car. This was particularly problematic when he would travel. As a speaker, Sunjay has travelled extensively and addressed in person well over 1,000,000 people around the world since 1995. In 2005, Sunjay became the youngest Canadian (and third youngest in the world) ever to earn his CSP (Certified Speaking Professional). The CSP is the highest internationally recognized designation that a speaker can aspire to achieve.

With his background, Sunjay offers a rare combination of both left and right brain activities to engage all audience members. Sunjay holds an undergraduate degree in Mathematical Engineering, a degree that after the first year of the program, 80% of the students failed out. He also holds a Masters in Business Administration. During his MBA, he took first prize in an international business case competition.

Always striving to achieve Sunjay has earned his Black Belt in Tae Kwon Do, has run a full 26 mile (42km) marathon and has jumped out of a perfectly good plane (some call it skydiving). He has served as President of the Canadian Association of Professional Speakers Toronto Chapter and President of his Engineering Discipline. He is a magician, a comedian, a professional actor, he can juggle and in university he was rated as one of the country’s top debaters.

Sunjay is the author of The 10-80-10 Principle, The ABCs of Student Leadership, a contributing author for the book, Professionally Speaking. His new projects include learning to sing “Row, Row, Row Your Boat” in rounds ... by himself.